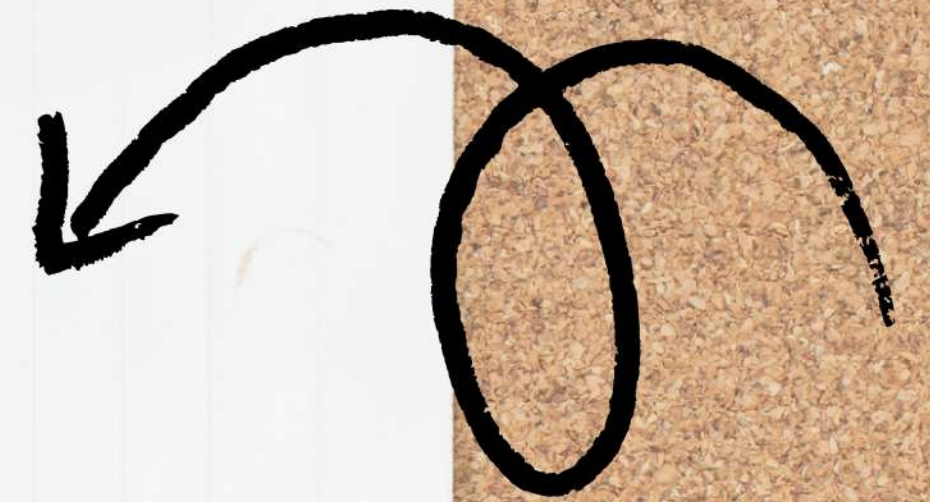


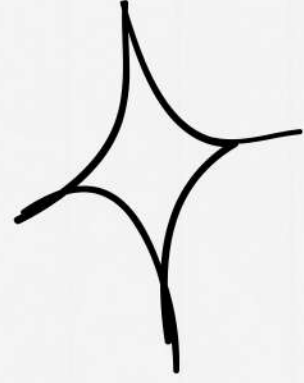
Erasmus+ Youth Exchange

# YOUTH AND PEACE IN ACTION

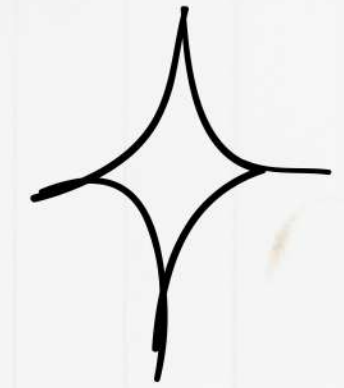
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Cefalù (Sicily), Italy





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## Project summary

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"Youth and Peace in Action" seeks the promotion of peace and the strengthening of EU values. To this end, this project will work mainly on the benefits of the intercultural dialogue, in view to help manage cultural diversity in a respectful, tolerant, and democratic manner. These objectives are of greater importance considering that "Youth and Peace in Action" brings together participants from 5 countries. Therefore, this balance is fundamental to the project's goals, in view of a peaceful and borderless social cohesion.

## Basic Information

**DATES:** 21-29 May 2022  
(21.05 arrival, 29.05 departure)  
7 activity + 2 travel days

**VENUE:** camping Costa Ponente, near  
Cefalu, Sicily, Italy

**LANGUAGE:** English  
(but it's also not a problem if you or  
someone of your group doesn't speak  
it well)

**PARTICIPANTS:** 5 participants /country  
(age: 18-30)

**PARTICIPATING COUNTRIES:** Italy,  
France, Romania, Bulgaria, Poland

# → Results & Impact ←

During the exchange, participants will create Infographics about peace, EU, intercultural dialogue, solidarity, and social cohesion. The infographics are meant to highlight the benefits the topics values, to explain the processes to achieve them and its key elements. With the exchange, young people will reinforce their decisive role in the building up of a peaceful and intercultural society.



The infographics will be spread across social networks, partner's websites and on the Erasmus Project Platform as well. They will be printed and distributed by partner organisations at their local communities, and at their future events. Participants and partner organisations will also be encouraged to distribute them by their relatives, at their schools and work facilities.

During the exchange, participants will be encouraged to add to their posts and stories the #erasmusplus, #erasmuslife, and #youthandpeaceinaction, in order to promote Erasmus programs and the exchange in itself. Therefore, we expect not just to foster the peace and other project's goals, but to encourage young people to participate in Erasmus programs, which are priceless opportunities to enhance young's personal and social development.

With the social media component uploaded during the exchange and the share of the infographics after the project, we expect to reach a wider international community and motivate other people to engage in such vital causes.

# Accomodation

The accomodation is paradise for the eyes is a Camping Area near Cefaly (3 KM far from the most touristic town in Sicily)

<http://camping-costaponente.com/>

- ☀ The place includes a swimming pool and a private access which leads the participants inside a tiny enchanting natural gulf.
- ☀ The participants will be accomodated in tents provided by hosting association.
- ☀ It is very very important that all the participants organise to bring the sleeping bags and personal items, like towels.

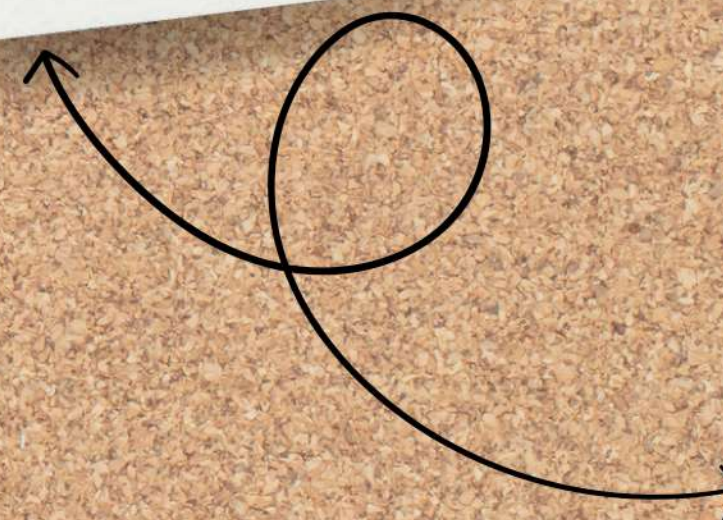


# Travel cost

- ◆ We will reimburse to you 100% of all your actual cheap travel costs for the way go and back within a limit. Confirm us before you book your ticket, its price. We will not reimburse or accept the participants, so long we don't agree about their participation.
- ◆ You must use the cheapest travel option that is possible (buses, trains, low-cost airlines, etc.)
- ◆ It is very important that you keep ALL your travel documents, including the boarding passes if travelling by plane. You must give us all your tickets, including also your return tickets that must be already bought for the moment of the reimbursement (during the project itself), otherwise if we do not have a ticket, we cannot consider it for the reimbursement.
- ◆ We will only reimburse you the travel costs if you participate actively in the **WHOLE** project and if your behavior is adequate to the activity (e.g. late arrival, excess of alcohol consumption, non-respect of the staff or the other participants, drug abuse, etc. - this all is a non-adequate behavior).



If you have any questions about the travel costs or financial matters, the group leader should contact us before you buy your tickets.



## Food:

The food will be prepared on a grill and served for you in the camping. The help in the kitchen and with the dishes is very much welcome from the participants. We will eat simple camping – style food.

If you have some special needs for food (vegetarian, etc.), please, inform us about it beforehand. We can provide you with just “with/without meat” vegetarian food, but if you have some very complicated diet, or as a vegetarian you would like to have some special ingredients, we would appreciate if you could take the food that you need with you.

# Other essential info !!!

## Security:

Please don't take any big cash amount of money with you. We will live in a commonly shared space and it is your personal responsibility to take care of your own belongings.

## Insurance:

We highly recommend that each participant takes care of own additional travel insurance for the full duration of the project with travel days included.

Please, make sure also that you have a valid European health card with you.

Due to the country regulations, we are able to take to our project exclusively the participants that do not need any COVID-19 tests in order to travel (vaccinated, recovered, etc.)



# Costs

There is a participation fee of 60 euros that will be charged from every participant of the exchange. This fee is obligatory.

- \* 100% of your travelling costs will be reimbursed on the condition that the person has all the bills, tickets and boarding passes (when travelling by a plane) to present to us.
- \* 100% of costs of simple accommodation and basic food are covered by our organisation "196 Paesi".
- \* The travel costs will not be reimbursed to people who are not taking part of the entire exchange or not respecting the rules of the exchange.

\* Age: 18-30

\* 5 participants + 1 group leader (no age limit) per country  
6 people in total

\* Keep gender balance in each group.

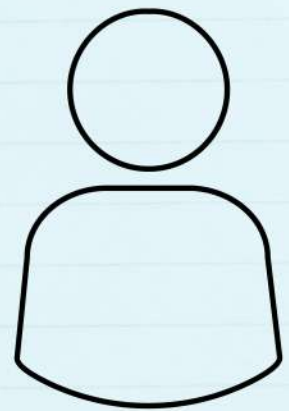
\* People who are interested in the topic of the project.

\* People who share the volunteering spirit.

\* Young (and not only), motivated, nice, cheerful and smiling participants with good mood.

English is our work language, but it is not an obligation. We will have some meetings and discussions, so it will be recommended to have at least a basic knowledge or to ensure the translation in your groups. But don't be afraid of the language barrier! We will find together the way to overcome it.

## Participant profile



Do not hesitate to include young people with fewer opportunities into your group! The accommodation is adapted to special needs, so there is no problem with this. We will prioritize these people for your selection.

We want to give a chance to the newcomers in E+ program and we will not accept the participants, who have already made more than 3 similar international activities in the frame of E+ during the last 12 months.

We will not reimburse the costs for the people, who are not taking care of this rule. If there are questions that appear about it, please, contact us and we will individually analyse case by case and will take a decision.



# Youthpass certificate



Each participant will receive a YouthPass, which:

- \* Certificate of non-formal education (you will take part on an educational activity)
- \* You can include it in your CV and use it for school, university, new job, etc.
- \* YouthPass will be received at the end of exchange.
- \* At the beginning of the project, we will unite participants into small groups that later will work every evening in the reflection groups where they'll talk about the day, activities, what they have learned, etc. With all these notes, at the end of the Exchange there will be a workshop where the participants will work on their own YouthPasses.

**EUROPEAN COMMISSION** **Erasmus+**

**Youthpass**

**YOUTH EXCHANGES**

**Participant's first and last name**  
BORN ON 02/03/1989 in Brussels, Belgium

PARTICIPATED IN

**Example Youth Exchanges.**

A YOUTH EXCHANGE WITH 35 YOUNG PEOPLE  
FROM AUSTRIA, BELGIUM, CROATIA, CYPRUS, FINLAND, ICELAND, AND MALTA.

THE PROJECT TOOK PLACE FROM 13/01/2015  
TO 22/01/2015 in Vienna, Austria

**YOUTH EXCHANGES**

In Youth Exchanges supported by Erasmus+, groups of young people from different countries jointly design, prepare and carry out a work programme. It is usually a mix of workshops, debates, role-plays, simulations, outdoor activities. The young people are supported by experienced youth workers and leaders in this. Youth Exchanges allow them to develop competences, become aware of socially relevant topics, discover new cultures, and strengthen values like solidarity, democracy, etc.

Erasmus+ is the European Union's programme for boosting skills and employability through activities organised in the field of education, training, youth, and sport. Youth activities under Erasmus+ aim to improve the key competences, skills and employability of young people, promote young people's active participation in the society, their social inclusion and well-being, and foster improvements in youth work and youth policy at local, national and international level.

**SALTO-YOUTH**  
TRAINING AND COOPERATION  
RESOURCE CENTRE  
**Erasmus+**

**Name of the legal representative**  
Optional possibility to describe the function of the legal representative

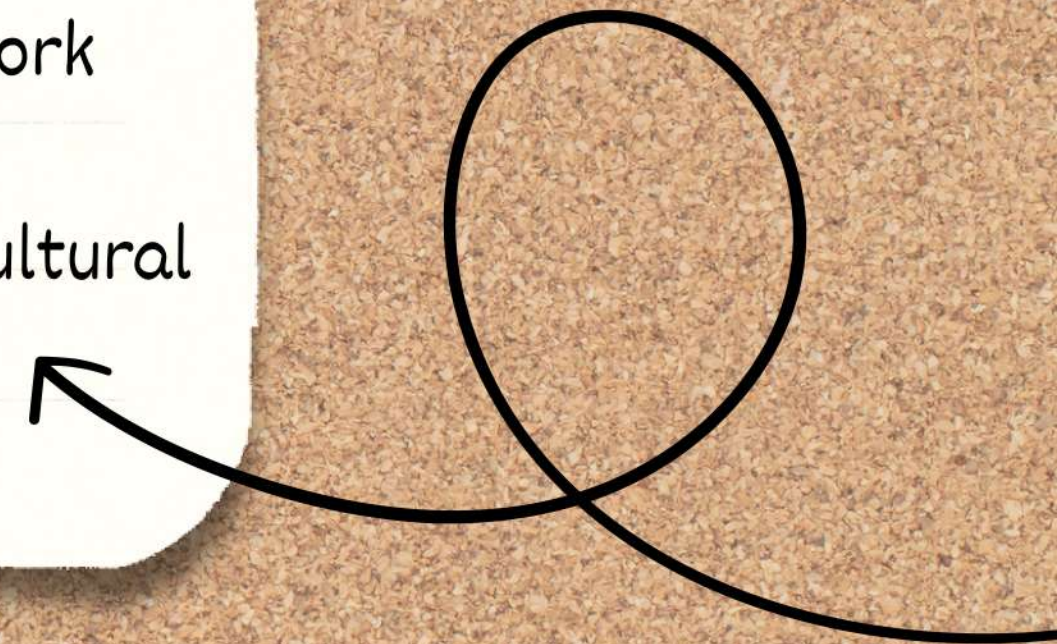
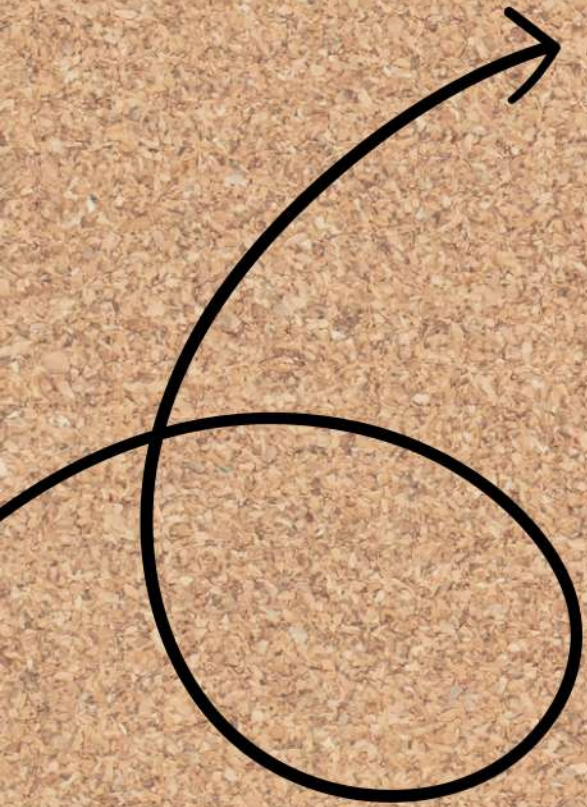
The ID of this certificate is QW0D4R0GJ20WF288Q.  
If you want to verify the ID, please go to the web site of Youthpass: [www.youthpass.eu](http://www.youthpass.eu) or [qualitycontrol@youthpass.eu](mailto:qualitycontrol@youthpass.eu)

Youthpass is a Europe-wide validation system for non-formal learning within the Erasmus+ Youth in Action Programme. For further information, please have a look at <http://www.youthpass.eu>.

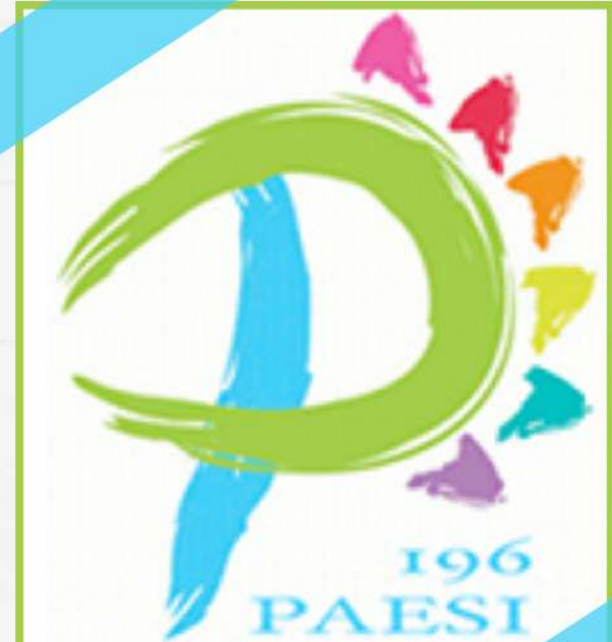


# You will need...

- Towels and personal things.
- Warm clothes and outfits appropriate for camping.
- **SLEEPING BAGS - obligatory, tents - optional**
- Typical food for an intercultural evening.
- Poster, leaflets, card, videos, typical music... from your country, region, city.
- Info, presentation, material, stickers... from your organization.
- Camera, laptop and other equipment making life and work easier.
- Ideas, games, ice breakings, dances and folk for your cultural evening.
- Good mood and energy to be active!



# About 196 Paesi



"196 Paesi" is a young non-profit association that was founded in 2012 with the aim of disseminating and promoting youth mobility initiatives, voluntary work, active citizenship, and the participation of young people in international projects. We are based in Cerda, the proud capital of the Sicilian artichoke, which annually hosts the Targa Florio, the oldest car race in the world. Although it is a small village, the town has a strong sense of traditions and folklore, and this is therefore one of the reasons why we have chosen this location as the location for our projects. "196 Paesi" deals with non-formal education projects, promoting the initiatives of the European "Erasmus +" program in Italy and Europe: cultural exchanges, training courses, seminars, etc. The dissemination of non-formal education principles are the basis of our initiatives. We are also known in other educational community programs such as Grundtvig and Leonardo Da Vinci.



# Future projects

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The NGO is interested to give empowering possibility to the young people who are ready to participate to this adventure.

This is why we propose you 3 different calls

- Group leader
- Activity leader
- Thematic workshop leader

There is a small contribution planned for the one who are interested. We will speak more in details when we meet.

Don't stay a participant, get a leader !



# Group Leader

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## Tasks of the Group Leader:

- To find the complete group of the participants for the youth exchanges and other international projects of TOGETHER network and its partners.
- To ensure the high quality of the preparation of the participants, according to the topic of the project. The preparation includes intercultural and task related (if needed, also a linguistic).
- To help the participants to find the cheapest travel connections to come to the project place.
- To accompany the group of the participants in the project and support their most active participation and involvement in it.
- To help to develop the project activities and program by supporting the intercultural and technical parts of it, like: organisation of intercultural evenings, country presentations of the group, actively present in the daily group leaders' meetings, helping to find the solutions for any appearing problems, helping that the participants follow all the agreed rules (to be on time, not to consume and alcohol and/or drugs, respect the others and the project environment, clean after themselves, etc.), contributing to the program implementation together with the participants like preparing the presentations of the topics, where the group leader or some of the group participants are competent in or have the examples to share, etc.)
- To help to the group to evaluate their learning experience in the project and write it down in the Youthpass.
- To ensure that the participants from his/her group are all actively participate in the final cleaning of the place at the end of the project.
- To collect the filled in reimbursement forms from all the participants of his/her group and give them to the main activity leader.
- To help to work on the visibility of the projects: help with creation and designing newsletters/ info flyers/ videos/ webpage/ Facebook group, etc. from the project in order to disseminate project results.
- To keep in touch with the most active and motivated participants from the group in order to help them to become group leaders also.

# Group Leader



## Profile:

- aged between 16 - 30 years (can be older, no any age limit)
- pro-active, independent thinking
- high sense of responsibility and meeting the deadlines
- curious, open-minded
- flexible
- good communication skills in English
- previous experience of being a group leader is an advantage.

## Benefits of the Group Leader:

- A chance to be a part of a team of one of the largest networks in Europe.
- A chance to make new friends all over the world.
- A unique learning experience in intercultural environment.
- Opportunity to improve a great number of personal competences.
- Opportunity to learn project and time management, improve foreign language skills, learn a lot about different cultures, have an opportunity to travel, learn to take independent decisions and much more. All this can be essential for CV, future career and study opportunities.
- Increase personal employability opportunities.
- To be a part of constantly growing and developing environment of co-thinkers.
- An opportunity to express and realise own ideas.
- A chance of self-development without any limits.
- The small financial reward for the high-quality results performance. Still, the money should not be the main or most important motivation for this kind of post.

# Activity Program Leader

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## Tasks of the Activity Program Leader:

- To make sure that the whole program of the activity is coherent and is in line with the global objectives of the project.
- To make the link between different interventions, visits, and presentations, taking place within the project.
- To make the coherent introduction, evaluation and transactions between the activities in a form of team-building games, energisers, daily, mid-term, and final evaluations, organisation of the intercultural evenings and country presentations.
- To make the presentation of Erasmus+ program.
- To make the presentation of Youthpass and learning diaries.
- To organise daily reflection groups, where participants work on their daily learning outcomes and to assist the participants in this process.
- To help the participants to evaluate their learning experience in the project and write it down in the Youthpass, to collect all the written self-evaluations from the participants and edit and print the Youthpasses.
- To fill the electronic and paper version of the participants list, making sure that none of the participants forgot to sign in.
- To enter all the participants into the Mobility Tool of the project.
- To collect all the filled in reimbursement forms from all the participants and make the total calculation of the amount of money that needs to be prepared for the reimbursement (to make this during the first 2 days of the activity).
- To write down the report of the project, describing the day-by-day program, its achievements, outcomes, learning dynamics, etc.
- To collect all the activity outcomes that can be used for the report and dissemination of project results (newsletters/ info flyers/ videos/webpage/ Facebook group, etc.).

# Activity Program Leader



## Profile:

- pro-active, independent thinking
- high sense of responsibility and meeting the deadlines
- curious, open-minded, flexible
- good communication skills in English
- good skills of public speaking, ability to catch and keep public attention
- driving licence and ability to drive a car safely
- previous experience of leading similar workshops in Erasmus+ projects is an advantage.

## Benefits of Activity Program Leader:

- A chance to be a part of a team of one of the largest networks in Europe.
- A chance to make new friends all over the world.
- A unique learning experience in intercultural environment.
- Opportunity to improve a great number of personal competences.
- Opportunity to learn project and time management, improve foreign language skills, learn a lot about different cultures, have an opportunity to travel, learn to take independent decisions and much more. All this can be essential for CV, future career and study opportunities.
- Increase personal employability opportunities.
- To be a part of constantly growing and developing environment of co-thinkers.
- An opportunity to express and realise own ideas.
- A chance of self-development without any limits.
- The small financial reward for the high-quality results performance. Still, the money should not be the main or most important motivation for this kind of post.

# Thematic Workshop Leader

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## Tasks of the Thematic Workshop Leader:

- To prepare and lead an attractive and catching attention intervention in a form of one or several sessions, connected to the topic of the whole project (e.g. workshop, simulation game, guided brainstorming, master class, etc.).
- To ensure the high educational quality of the intervention, as well as that it merges coherently in the rest of the of the program of the project.
- To ensure that the intervention is complete and finished (e.g. if it is a simulation game, to introduce it, to lead it and to make the debriefing of it after, helping the participants to draw the conclusions and reflect about the learning outcomes).
- To assist the participants in acquiring the topic of the project by answering their questions, guiding, etc. also outside of the intervention time.
- To help the participants to evaluate their learning experience in the project and write it down in the Youthpass.
- To help working on the visibility of the projects: help with creation and designing newsletters/ info flyers/ videos/ webpage/ Facebook group, etc. from the project in order to disseminate project results.
- To work on the follow-up of the project and come up with the concrete ideas of future projects that could be organised around the chosen topic (or any other).

# Thematic Workshop Leader



## Profile:

- pro-active, independent thinking
- high sense of responsibility and meeting the deadlines
- curious, open-minded, flexible
- good communication skills in English
- good skills of public speaking, ability to catch and keep public attention
- previous experience of leading similar workshops in Erasmus+ projects is an advantage.

## Benefits of Thematic Workshop Leader:

- A chance to be a part of a team of one of the largest networks in Europe.
- A chance to make new friends all over the world.
- A unique learning experience in intercultural environment.
- Opportunity to improve a great number of personal competences.
- Opportunity to learn project management, public speaking, improve foreign language skills, learn a lot about different cultures, have an opportunity to travel, learn to take independent decisions and much more. All this can be essential for CV, future career and study opportunities.
- Increase personal employability opportunities.
- To be a part of constantly growing and developing environment of co-thinkers.
- An opportunity to express and realise own ideas.
- A chance of self-development without any limits.
- The small financial reward for the high-quality results performance. Still, money should not be the main or most important motivation for this kind of position.



If you need more information, we are here for you. For all your questions and concerns don't hesitate to contact us at

[anna.roganova@mail.ee](mailto:anna.roganova@mail.ee)

(Organization representative)

[alina20vlas@gmail.com](mailto:alina20vlas@gmail.com)

(Project Coordinator)

